

OrthoGrams: Beyond Orthopaedics

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In my decade long experience in organising courses, conferences and academic programs, I have been honoured to meet so many orthopaedic surgeons who are simply brilliant in things that are beyond orthopaedics. It is amazing to see so many innovative ideas and programs that are run by Orthopaedic Surgeons and this gave birth to a concept of providing a space where they can share these experiences with a wider audience of orthopaedic community. 'OrthoGram' section of JOCR will aim at providing this platform and recognise these extraordinary views and works of orthopaedic surgeons

The Indian Orthopaedic Research Group has always considered a different definition of Research. For us Research is more a way of Life than simply academics, data and paper publications. We believe we learn from all data points in life, academic as well as non-academic. These learnings in combination shape us to become better clinician and an individual. It is both these qualities that ultimately help us treat our patients in a better way and impact their lives positively. While there are innumerable platforms to publish the academic learning, there is hardly any avenue to publish non-academic learning, apart from certain editorial spaces. OrthoGram article feature in JOCR will try to provide this space for our authors to share their learnings.

Along with learning points, I have also found many orthopaedicians to have very unique outlook and insights into certain areas which has at times helped me personally. For example, one of my colleagues has certain take on medicolegal aspect of clinical practice and he always adds a fresh perspective to such cases. Another colleague has brilliant points on writing a resume, while another has a great insight into technology. I believe that once we become an orthopaedic surgeon, all these insights are significantly layered from orthopaedic point of view. I believe these insights will also help our readers and colleagues in these respective areas. OrthoGrams will aim to publish these articles too

Another aspect that I found many orthopaedic surgeons are very passionately involved in social causes and philanthropy. This has become a core principle in their lives and through this they have helped many patients and society at large. Although they do not talk about it much, but I believe this aspect also needs to be highlighted to add more positivity to our own community of orthopaedic surgeons.

I also believe that we orthopaedicians are brilliant beings, who not only excel in academics but also try and extract more out of Life. Many of us had certain passions and hobbies early in life but we had to give them up during our residency and training. Many of us get back to these passions and hobbies later in life and excel in them. There are so many that have become fitness enthusiasts (even to the level of competing ironman events!) or Singers who sing professionally or play a musical instrument. It would be brilliant to know how they could nurture these passions of theirs, when most of us fail to do that. It would definitely inspire and add more to our readership. Lastly many of our surgeons have excelled in faculties other than orthopaedics and they have applied the orthopaedic knowledge to these parallel faculties too. For example, one of our senior surgeons has recently received his license to pilot airplanes and has some really interesting things to share. Another colleague

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has entered field of finances and investment and can provide brilliant insights into investment
This is the general overview of the concept of OrthoGrams and it will surely evolve over a period of time. The definition will grow as per the submissions we receive and also based on the feedback from our readers. However, I and the editorial board sincerely believe that this will add value to readers and also showcase the overall brilliance of the orthopaedic community. We will be happy to receive suggestion on topic of OrthoGrams along with author suggestions. We would request our reader to notify us, if you find an orthopaedic surgeon doing an extraordinary work that fits into above criteria and we will contact him on behalf of the JOCR Editorial board. We will start the first OrthoGram in the upcoming issue of JOCR and hope that you will enjoy it.

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